

I DON'T REALLY KNOW HOW
TO START

SHOULD I TALK ABOUT PAIN?

SPOKE ONLY

TALK ABOUT PAIN

THIS SPACE IS SET UP AS A STUDY CENTRE - A SPACE FOR THINKING,
READING AND DISCUSSION, BUT ALSO LYING DOWN AND RESTING.

Active + Resting

— Thinking
— Lying

This zine is one of the outcomes of the *Mladen Stilinović Study Centre*, an ongoing project by Julia Bavyka that uses the themes of the late Croatian artist Mladen Stilinović to study concepts of work, money, conditions and power. Taking Stilinović's text-based works, statements and simple materials as a starting point, the project invited public discussion around the conditions of art on an individual and social level.

On Sunday 3 June 2018 at *SISTER* Gallery participants joined contributors Pony Horseman, Maryam Allami, Josh Campton & Virginia Barratt to collectively generate an **EXPERIMENTAL DICTIONARY** prompted by Mladen Stilinović's 'Dictionary of Pain'.

Lack of Attention
Attention
Lack of silence
Silence

I CAN'T HEAR MY VOICE
WHERE IS MY VOICE?

SKIN MELTING
IN MID AIR?

WHAT COLOUR IS PAIN?

CAN I BE BLIND TO (FEEL) PAIN?

SEEING PAIN
UNSEEING PAIN
PAIN BLINDNESS

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

BEING ALONE WITH
TREATMENT OF PAIN
STANDARDS OF PAIN

CERTAINTY/UN
LACK OF ATTENTION

WHAT IS MISSING
OR NAVIGATING AROUND

UNUSUAL SILENCE
RECOGNITION
VALIDATION

MEDICAL SYSTEM
DEFINITIONS/REGISTRATION
DAMAGING
DILEMMA

PAIN AS A TRIGGER
OUT OF TIME & SPACE

ALL/ONLY

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

RESOLUTION
IMPORTANCE OF WRITING THE BODY/WOUND
SAY A BODY

WHAT IF?
CAN PAIN OPEN UP - BE - ITS OFFER
PUSHES

SLIPPERY
EVERYTHING ON THE OUTSIDE
PAIN IS UNSPEAKABLE

WHEN LANGUAGE FAILS
HOW CAN YOU SAY PAIN

P-A-I-N
IF YOU CAN SAY A BODY

THERE'S NOTHING TO
BE DONE

THERE IS NOTHING I CAN DO

THE LANGUAGE - AROUND
PAIN

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

RESOLUTION
IMPORTANCE OF WRITING THE BODY/WOUND
SAY A BODY

WHAT IF?
CAN PAIN OPEN UP - BE - ITS OFFER
PUSHES

SLIPPERY
EVERYTHING ON THE OUTSIDE
PAIN IS UNSPEAKABLE

WHEN LANGUAGE FAILS
HOW CAN YOU SAY PAIN

P-A-I-N
IF YOU CAN SAY A BODY

THERE'S NOTHING TO
BE DONE

THERE IS NOTHING I CAN DO

THE LANGUAGE - AROUND
PAIN

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

RESOLUTION
IMPORTANCE OF WRITING THE BODY/WOUND
SAY A BODY

WHAT IF?
CAN PAIN OPEN UP - BE - ITS OFFER
PUSHES

SLIPPERY
EVERYTHING ON THE OUTSIDE
PAIN IS UNSPEAKABLE

WHEN LANGUAGE FAILS
HOW CAN YOU SAY PAIN

P-A-I-N
IF YOU CAN SAY A BODY

THERE'S NOTHING TO
BE DONE

THERE IS NOTHING I CAN DO

THE LANGUAGE - AROUND
PAIN

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

RESOLUTION
IMPORTANCE OF WRITING THE BODY/WOUND
SAY A BODY

WHAT IF?
CAN PAIN OPEN UP - BE - ITS OFFER
PUSHES

SLIPPERY
EVERYTHING ON THE OUTSIDE
PAIN IS UNSPEAKABLE

WHEN LANGUAGE FAILS
HOW CAN YOU SAY PAIN

P-A-I-N
IF YOU CAN SAY A BODY

THERE'S NOTHING TO
BE DONE

THERE IS NOTHING I CAN DO

THE LANGUAGE - AROUND
PAIN

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

RESOLUTION
IMPORTANCE OF WRITING THE BODY/WOUND
SAY A BODY

WHAT IF?
CAN PAIN OPEN UP - BE - ITS OFFER
PUSHES

SLIPPERY
EVERYTHING ON THE OUTSIDE
PAIN IS UNSPEAKABLE

WHEN LANGUAGE FAILS
HOW CAN YOU SAY PAIN

P-A-I-N
IF YOU CAN SAY A BODY

THERE'S NOTHING TO
BE DONE

THERE IS NOTHING I CAN DO

THE LANGUAGE - AROUND
PAIN

REVEA WHAT?

CHRISTINA CROSBY

SICK WOMAN THEORY

HARVEY COREL

QUINNEADES

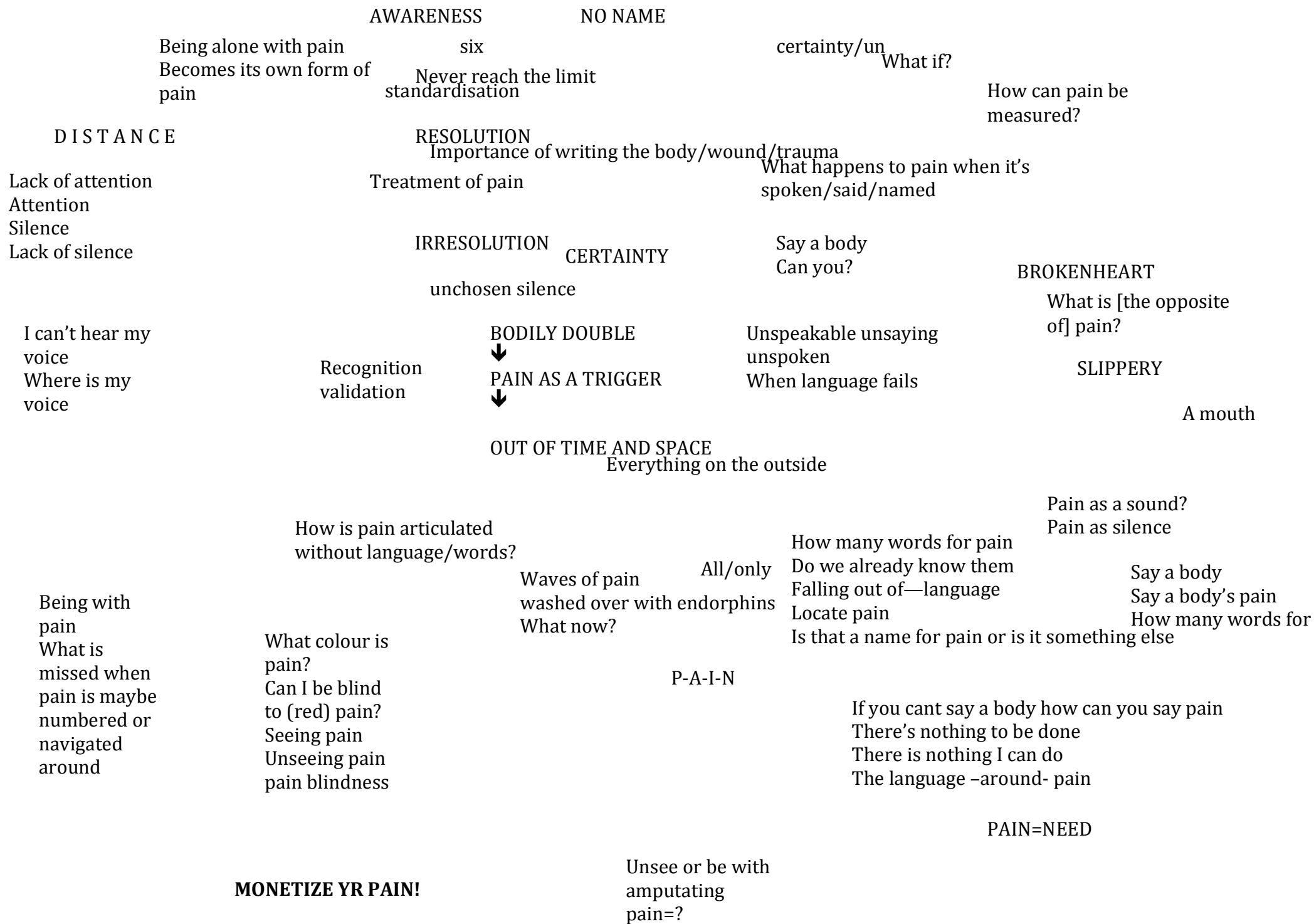
MONETIZE YR PAIN!

MARCHE NELSON
BLUES

WAVES OF PAIN
WASHED OVER WITH
ENDORPHINS

WHAT NOW?

On each seat is an audio recording of a conversation with an artist or curator held on the topic of work from different points of view. The conversation often starts by using one of Mladen Stilinović's works as a provocation, such as his 1979 statement "The conditions for my work are not in my hands but fortunately they are not in yours either."



BROKEN WORDS FOR BONES AFFECTING DISCOURSE AND CHALK DUST THE TROUBLING OF SPEAKING PAIN

Lost this
feelingcertainty
relationship with our bodies

but I suppose what I mean is, it's
moving I suppose that's what I
mean.

finding a way to
rather than falling out of
language

it's interesting *talking* about not being able
to articulate

And maybe I do that by being silent or
crying or

.... it's an affect. It's affective, affective.
you keep on talking even though

humiliating myself in
public
doing things which
are unacceptable in
certain institutional
spaces

my broken bone felt
something then.
I need my voice.
the worst builds up underneath
we'll have a bid by a blackish
badge on pure esteem.

even though it's inexplicable and debilitating
it's important that, that there
is access to languaging pain.

you had all kinds of
sensations

It's very clear that it's
important to write right, the body and
right. The body's pain, however you
get there.

I want other people to
feel their own company,
their own sadness

and they chose heartbreak.
it wasn't just in your heart

So you're writing, uh, writing the body.

I know I'm having a panic attack

at the site I could feel
something

if we're to material, so writing the, of
the body writing the wound, the broken
heart, writing trauma or writing the danger
that damage. the infliction of pain.

It generates a
stuttering rhythm in
the space that is
communicated

I'm not safe
I can see something that's a
bit like smoke

yeah. all of that.

creates a stuttering heart

BROKEN WORDS FOR BONES AFFECTING DISCOURSE AND CHALK DUST THE TROUBLING OF SPEAKING PAIN

simply trying to get fucked, or find comfort or pleasure in a dangerous place. It's a most beautiful, monstrously productive place, in a place that's so fucking beautiful, that it's almost unbearable.

the invalidation is more painful than the actual pain, there's no relief or there's no, just no recognition even. no way forward if it's not validated if it's not.

outside of your own body

not ever really okay to say

you were neuro atypical, you were just

crazy bitch

consumer survivors
and x patients of the mental
death system.

normality was this narrow channel of everything.

you're well you're female you're black, you're white, you're rigid lines

o Become that thing.

a lot of queer spaces online

are

truly toxic.

we **must not get rid of this pain**

ever because it defines who we are

and if we ever succeed in life that we

have lost this pain that we have

failed as a

community.

st

we see pain as sort of the ground and wellness as the application for that.

take on the pain of
others
oh, I feel so terribly.
mean, such

generating pain that they need to feel for some reason that there's a need, you know.

experienced the pain and then that's like it's own feedback loop in it.

Become that thing.

a lot of queer spaces online

It produces you, what does it produce?
It produces uh, like sympathy from people
that it's a way to perhaps, you know, get
larger.

It's going to be, it's just going to put you in more pain ultimately, if that's because it's every hearts and likes and over everything,

because I know that way I
cannot leave the house.

Like I can't walk down to the shop to buy,
that's like 50 steps down the road
have a massive panic attack
and start screaming,

the real you and the outside world
has been the virtual because I'm so
dissociated from the, you

how people have to expose really graphic forms of pain in an attempt to represent how they're oppressed

a mode of moving through
pain to expose vulnerability.

in terms of just like having

BROKEN WORDS FOR BONES AFFECTING DISCOURSE AND CHALK DUST THE TROUBLING OF SPEAKING PAIN

like my most basic needs met,
I've had to expose so much
intimate information to people i've just met

self impregnation, a hyper
production of pain

Interior rising pain in order to gain
salvation by producing feeling pain in order
to enable more voracious abyss.

Oh, I'm not, I'm
not **usable enough**,
therefore I should, I
don't deserve to have
my basic needs met
and be able to be
used! That's true.

The squalor, the workshop, the
multiplication of pain by the interiorization or
introjection of force.

Self

flagellation yeah.

This is from nature and philosophy.

pain is produced more abundantly.
evermore voracious

You have produced your pain
because you have sinned,

Pain conceived as
the consequence of an
inward

fault and the interior mechanism,
mechanism of
salvation,

... it produces pain ... this uncanny,
radically joyous labor of a soul voluntarily at
odds with itself
that makes itself

suffer out of joy in making something
while pleasure is felt and saw in ill
constituted this decay pain,

pain being **interiorized** as fast as it like a photo of

produced, pain transformed
into feelings of guilt, fear and
punishment.

voluntary deprivation, self
modification, self flagellation, self sacrifice
a curious, unfathomable
phenomenon. A multiplication, a

So that just sounds like a feedback loop to
me.

I think I like broken things as insurance

make fun of me
does that also mean that we can't
view it

without that dominant lens
we view it through a lens of
pain automatically.

... they're both wheelchair users
and they
are in the painting with their chairs
holding hands and it's like a lovers

like a photo of

But a lot of **able-bodied**
people view the pay through a lens
of pain as though the chairs
are there to evoke that feeling of

suffering.

To make
ke sure you

Pony Horseman

Read aloud, a mixture of different standards of beginner handwritten cursive, printed letters, line drawings and single letters of varying typographical styles on unlined brown paper in black ink and grey pencil.

Listeners play with broken pieces of glass on the floor.

Some listeners draw around the pieces on the floor with chalk, some explore their sonic values with scraping and tapping against the floor and walls.

You have to make

ke sure you

-----=====``````

are prepared for.....

r r r

I wish my handwriting wasn't so

embarrassing. Am I just embarra

ssed because I'm so used to

it? If I am used to something

it either requires acceptance

or progress, progress being

the socially favourable , holding

worth, exemplifying morality.

.....WHAT ELSE??

Practice, practice, practice.

Also you need to use guide-

lines, but pretend you didnt.

/////,,,,,-xx-love---xxx=P==---y--````rg/----

ggray=====-----/

k Kb f//\\---xxx--bu k oo kfGbl



THIS SPACE IS SET UP AS A STUDY CENTRE - A SPACE FOR THINKING,
READING AND DISCUSSION, BUT ALSO LYING DOWN AND RESTING.

AWARENESS

SIX

*Never reach the limit
(nearly has
heard of)*

NO NAME

WHAT IF?

SLIPPERY

RESOLUTION

IMPORTANCE OF WRITING THE BODY/WOUND

EVERYTHING ON THE OUTSIDE

CERTAINTY

SAY A BODY

TRAVEL

SAYING PAIN

HOW IS PAIN ARTICULATED WITHOUT LANGUAGE/WORDS?

PAIN AS A SOUND?

WHAT HAPPENS TO PAIN WHEN IT'S SPOKEN/SAID/NAMED?

PAIN AS SILENCE

IRRESOLUTION

BODILY DOUBT

PAIN AS A TRIGGER

OUT OF TIME & SPACE

UNSPEAKABLE UNSAYING

UNSPOKEN

WHEN LANGUAGE FAILS

P-A-I-N

BROKEN HEART

HOW IS PAIN MEASURED?

UNCERTAINTY

What is
of

say
say

BEING ALONE WITH
PAIN
BECOMES ITS OWN FORM
OF PAIN

TREATMENT OF PAIN
STANDARDIZATION

CERTAINTY/UN

BEING WITH PAIN

WHAT IS MISSED WHEN
PAIN IS MAYBE NUMBERED
OR NAVIGATED AROUND

WHO'S PAIN? BELONGS WHERE?

RECOGNITION

VALIDATION

ARTIST

MEDICAL SYSTEM